



*Building a caring,
diverse and
empowered yoga
community.*

Classes:

- Eclectic
- Iyengar
- Vinyasa Flow
- Qi Gong
- Gentle Yoga
- And More!

Teachers

- Fred Alsup
- Juan Anguiano
- Brandy Arena
- Carla Bazemore
- Robert Boustany
- Camilla Figueroa
- Carie Garrett
- Summer Greenlees
- Kendall Inman
- Keith Kachtick
- Blair Lewis
- Charles MacInerney
- Yves Oberlin
- Janet Parachin
- Victor Parachin
- Gioconda Parker
- Sanieh
- Ellen Smith
- Esther Vexler

Information & Registration

(214) 223-8211
info@texasyoga.com
www.texasyoga.com

Texas Yoga Retreat

November 6-8, 2009, Austin, TX

- **Enjoy a wide variety of yoga styles**
- **Study with respected teachers**
- **Relax in a beautiful ashram setting**
- **All body types and abilities welcome, from first-time students to experienced teachers**
- **Cost is \$395 (\$445 after 10/06/09). Price includes meals, but not accommodations which are optional.**
- **Day Passes will be available October 23rd**

Yoga Alliance CEU's (Continuing Education Units) are available for Yoga Teachers.



The retreat will be held at Barsana Dham, conveniently located in the beautiful Texas Hill Country, 20 minutes southwest of Austin. Enjoy rolling hills, orchards, peacocks, fountains and vegetarian food. Attend yoga classes, stroll along the trails, nap or just sit and gaze at the scenery.